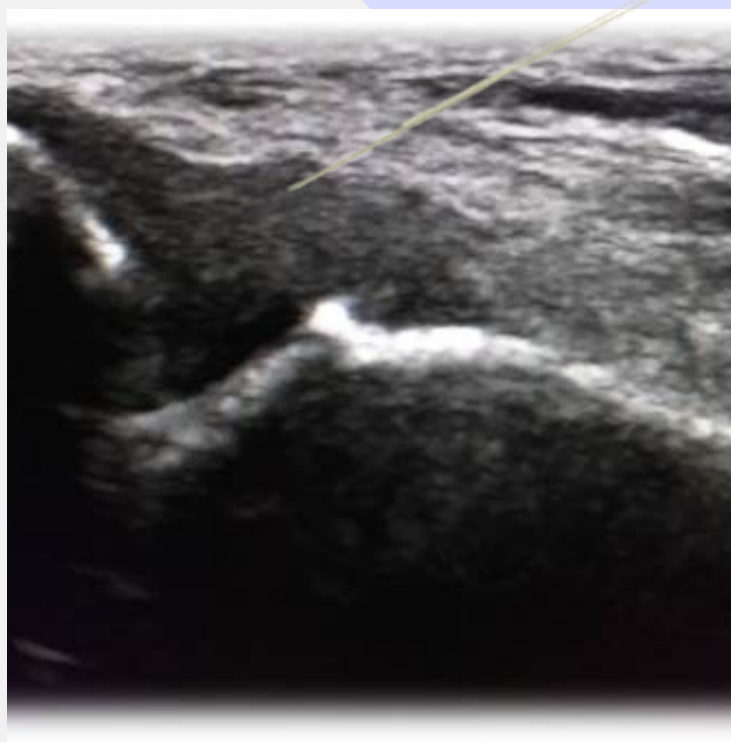




Ultrasound guided injection 1st CMCJ



Patient position: Sitting / Lying

Arm position: Position the wrist in slight ulnar deviation, the the thumb flexed to open the 1st CMCJ joint and improve access.

Ultrasound: Obtain a longitudinal view of the 1st CMCJ, ensuring you achieve an approach that avoids the radial artery.

Injection technique: In plane technique from proximal to distal, ensuring the needle tip is visualised in the joint recess.

The information is not intended as professional or other advice. Nor is it intended to be a substitute for possession of an appropriate level of training, qualifications, skill and experience in the matters covered. You rely on such information at your own risk.

