Ultrasound guided injection of the Acromioclavicular joint - Lateral approach

Patient position: Sitting - chair or bed

Arm position: Arm resting at side

Injection technique: In plane technique from a lateral approach

Ultrasound: Visualise the ACJ in a longitudinal view and approach in plane from a lateral aspect. Ensure you visualise the needle tip within the joint recess before injecting.

Suggested needle: Orange 25G 1" or Blue 23G 1 1/4"

The information is not intended as professional or other advice. Nor is it intended to be a substitute for possession of an appropriate level of training, qualifications, skill and experience in the matters covered. You rely on such information at your own risk.

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