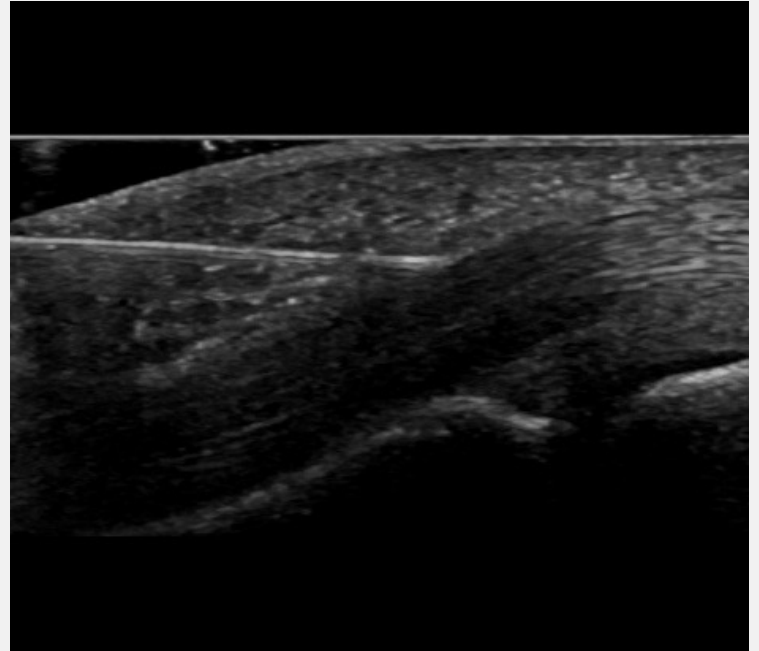




Ultrasound guided injection Trigger Finger



Patient position: Sitting / Lying

Arm position: Position the forearm on a table, fully supinated with the hand flat.

Ultrasound: Obtain a longitudinal view of the flexor tendons and the A1 pulley.

Injection technique: In plane technique from distal to proximal, ensuring the needle tip is within the tendon sheath prior to injecting. If there is coexisting tenosynovitis you may find approaching the fluid within the sheath is easier.

Suggested needle: Orange 25G 1"

The information is not intended as professional or other advice. Nor is it intended to be a substitute for possession of an appropriate level of training, qualifications, skill and experience in the matters covered. You rely on such information at your own risk.

