Ultrasound guided injection
Subacromial Subdeltoid bursa: Lateral approach

Patient position: Sitting / Lying

Arm position: Arm slightly extended by side

Injection technique: In plane technique form lateral approach, distal to the greater tuberosity.

Ultrasound: Visualise the Supraspinatus tendon in a longitudinal view and aim to inject into the bursa superficial to it. This is easier when it is distended into the 'tear drop' bursal appearance.

Suggested needle: Green 21 G 2"

The information is not intended as professional or other advice. Nor is it intended to be a substitute for possession of an appropriate level of training, qualifications, skill and experience in the matters covered. You rely on such information at your own risk.

@mskultrasound www.theultrasoundsite.co.uk