Ultrasound guided injection
Subacromial subdeltoid bursa: Transverse approach

Patient position: Sitting in chair, or long sitting on bed

Arm position: Arm slightly extended by side

Ultrasound image: Transverse view of Supraspinatus, clearly establishing the bursa layer and borders. Introduce needle, in-plane from a lateral approach, and guide needle tip into the bursa before injecting.

Injection technique: In plane technique form lateral approach

Suggested needle: Green 21 G 2"

*The information is not intended as professional or other advice. Nor is it intended to be a substitute for possession of an appropriate level of training, qualifications, skill and experience in the matters covered. You rely on such information at your own risk.*

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